



SILDA CHANDRASEKHAR COLLEGE

CURRICULUM VITAE

Name : SAMARESH JANA

Designation with Department : State Aided College Teacher (SACT-II)
Department of Physical Education

Contact Number : 9679835165

E-mail Id : samareshj9@gmail.com

Date of Joining : 27-02-2019

Address : VILL-KOTA, P.O-SIRSA, P.S-
ANANDAPUR, DIST-PASCHIM
MEDINIPUR, PIN-721260

Educational Qualification :

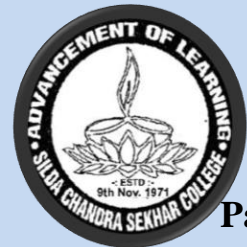
Degree	Institution	Year of Passing/Award
BA	Vidyasagar University	2014
B.P.Ed	Burdwan University	2015
M.P.Ed	Jadavpur University	2018
DIPLOMA IN YOGA EDUCATION	University of Calcutta	2020

Area of Specialization :

Area of Teaching : PHYSICAL EDUCATION

- i) Psychology in Physical Education & Sports
- ii) Management of Physical Education & Sports
- iii) Anatomy, Physiology & Exercise Physiology
- iv) Health Education, Physical Fitness & Wellness
- v) Computer Application in Education

Teaching Experience : 1 year +
Guest (27-02-19 to 31-12-19)
SACT (since 01-01-2020)



SILDA CHANDRASEKHAR COLLEGE

Participation in Administrative/Academic Activities:

ii) Inter University Meet (V.U) 2019

iii) Non Govt.Meet (DTSKM) 2020

Conference/Seminar/Workshop organised:

i) 7Days Self Defence Camp

ii) State Level Webinar 21st June 2020

Research Interest : Nil

Seminar Presentation

Seminar Title	Year	Level	Organiser
A Comparative Study On Level Of Stress Among D.EL.ED,B.Ed & B.P.Ed Student.	2019	International	IQAC & Sree Chaitanya Mahavidyalya, HABRA

Other activities (if any) : Sports Achievement

Game Name	Level	Year	Institution
KABADDI	National / Inter University	2018	Bhubaneswar KIIT University
KHO-KHO	National	2014	Purbanchal University,
KHO- KHO	National	2015	Bhagapur University, Mithila
KHO-KHO	National	2017	Vidyasagar University
ROCK CLAMBING	State Level	2016	Shikhar Mountaineering Club, Susunia pahar, Bankura
KHO- KHO(Official)	State Level	2015	WB KKKFI
YOGA	State Level Camp	2012	Patanjali Institute of Yoga, Naturopathy and Ayurveda